





## State Hospital: The Situation

- On the average there were >100 reported violent episodes per month, which included violence to self, others, and accidents.
- But this did not take into account the hundreds of other violent incidents and threats that did not get reported,
- Only the most severe incidents were worth the trouble of filling out the inevitable and time-consuming paperwork.



## State Hospital: Results

- Rediagnosed 60% of those carrying a schizophrenic diagnosis and of these, 50% met criteria for post-traumatic stress disorder or a dissociative disorder.
- Violence greatly reduced
- A striking salute to the effectiveness of the trauma-based approach was the month of October, 1994 in which no seclusion and restraint was used.
- This was a first in the history of the institution



## Five Years Later

- Five years after LJB left, one of the original patients had died, but only one remained in the hospital.
- All the rest have been discharged and in that five year period had not been readmitted.
- The dissociative identity disorder patient who had consumed so many months of two-to-one supervision was released from the hospital thirty months after her admission and at least two years after discharge had not self-harmed, been suicidal, or been rehospitalized.